

# Kicking Off the Year with the Massachusetts Student Dietetic Association

Lindsey Toth, President, MSDA



*MSDA members celebrating a successful 2008-2009 year at their final member meeting.*

The Massachusetts Student Dietetic Association (MSDA) is an organization for students from all realms of nutrition — undergraduates and graduates to dietetic interns — that works to promote student visibility, support networking events, and provide professional opportunities to up-and-coming nutrition professionals. Each year, the MSDA organizes two large-scale events aimed at increasing student awareness of and competency in the professional dietetics field: **The Dietetic Internship Selection Workshop** and **The Career Development Workshop**.

The Dietetic Internship Selection Workshop is held every fall for students interested in, or in the process of, applying to dietetic internships. The workshop features time for students to network with dietetic internship program directors from the New England area, in addition to providing students with the inside scoop and tips-and-tricks on how to make their application stand apart from the applicant pool.

Each spring, the MSDA also hosts a Career Development Workshop in conjunction with Tufts-Friedman School of Nutrition Science & Policy. This past year's workshop was a monumental success, with nutrition students travelling from across the New England area to gather in Boston for résumé reviews, interviewing advice, and financial planning guidance. Keynote speaker Dr. Quatromoni, DsC, MS, RD, graciously donated her time to offer inspirational advice on how nutrition students should come to understand their own unique strengths, ultimately forming their own goals and shortening the distance between “here” and “success.” The MSDA would like to thank all who donated their time and energy to make this a **FREE** event; the Career Development Workshop would be impossible without your efforts, and we look forward to working with you in the future.

These events have grown leaps and bounds in recent years, earning out-

standing accolades from both students and dietetic professionals alike. We hope to see you at one of these, or any of our other many events, meetings, and socials during the upcoming year. Check out our website at [www.eatrightma.org/content3990](http://www.eatrightma.org/content3990) for details on these events as they become available, and for more information on the MSDA.

We look forward to working and learning with you this year! Want to get more involved? Contact Corinne Dobbas at [cdobbas@gmail.com](mailto:cdobbas@gmail.com) to learn how to apply for a position on the MSDA Promotions Committee.

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